holistic performance lab

The Power of Momentum

## **Session Overview**

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Jim has a distinctive presentation style and great energy. He unpacks a modern toolkit of smart behavioural thinking while advocating some radical new habits

Director of Executive Programmes at The London Business School

Jim Steele



## The Power of Momentum

How to master the art of leading change by aligning direction, purpose, belief and action!

### **Brief Description**

Leading change is one of the most challenging yet critical roles of a leader. In this highly interactive session, Jim equips leaders with the tools to navigate transformation by focusing on three pivotal elements: aligning vision and purpose, shifting mindsets and beliefs, and driving execution with impactful action.

Discover how to inspire and empower multi-generational teams to navigate periods of uncertainty with agility, while maintaining engagement and performance.

Jim's dynamic approach integrates neuroscience and performance psychology to ensure leaders not only understand the mechanics of leading change but also gain the practical tools to execute effectively. This session stands out for its focus on engaging leaders in active participation, fostering immediate shifts in perspective and action.

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## **Core Learning Objectives**

By the end of this session, leaders will understand how to foster alignment, cultivate the right mindset, and execute plans that result in measurable success

#### Attendees will learn how to:

Align vision and purpose to create a compelling narrative that inspires change and unifies teams. Identify and shift mindsets and beliefs that may hinder progress, fostering a growth-oriented culture. Execute transformational initiatives with clarity, confidence, and decisive action.

### **Target Audience**

This keynote is ideal for: Senior leaders and managers responsible for leading transformational change. Teams navigating organisational shifts or growth opportunities. Leaders seeking to align their teams around a common purpose and vision.





# The Power of Momentum

### Format and Duration

**Interactive Keynote Speech:** 45 minutes with audience exercises and an optional 15-minute Q&A. **Workshop:** 90 minutes, including breakout discussions and practical implementation exercises.

### **Supporting Materials**

Attendees receive a five-minute video reviewing the key take aways and tools tools for aligning vision, shifting mindsets, and executing change strategies. Jim's book Unashamedly Superhuman is available at a discounted rate to deepen understanding of performance and transformation principles

This session is a game-changer for leaders ready to embrace change and drive meaningful, sustainable transformation in their organisations.





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